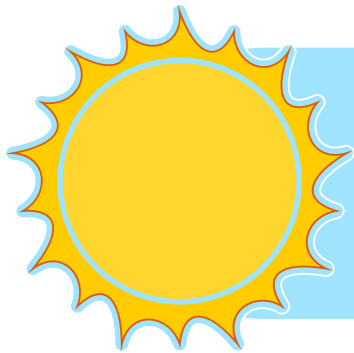


Boredom Busters Jar

Cut out these ideas and put them in a jar.
When boredom hits, pull out a strip of paper and do the fun activity.
There's a whole extra sheet for you to write your own ideas.



Boredom Busters

Here's a label for your jar!
Tape or glue the label on a jar of your choice.



Find more printable activities at
www.sallylloyd-jones.com

Boredom Busters Jar

Cut out the strips and put them in your jar. Pull one out when boredom sets in!

Go for a listening walk

Plant some seeds

Visit a new playground

Paint rocks

Make a time capsule

Draw with chalk

Play with bubbles

Build a fort

Make an obstacle course

Make play doh



Boredom Busters Jar

Cut out the strips and put them in your jar. Pull one out when boredom sets in!

Have a puppet show
Go on a bug hunt
Put on a play
Play a board game
Read a book
Write a book
Visit the library
Make a comic book
Mail a letter
Have a picnic



Find more printable activities at
www.sallylloyd-jones.com

Boredom Busters Jar

Cut out the strips and put them in your jar. Pull one out when boredom sets in!

Plan a family movie night

Make a mud pie

Bake a special treat

Collect treasures outside

Make paper bag puppets

Do 3 random acts of kindness

Make a scavenger hunt

Have a dance party

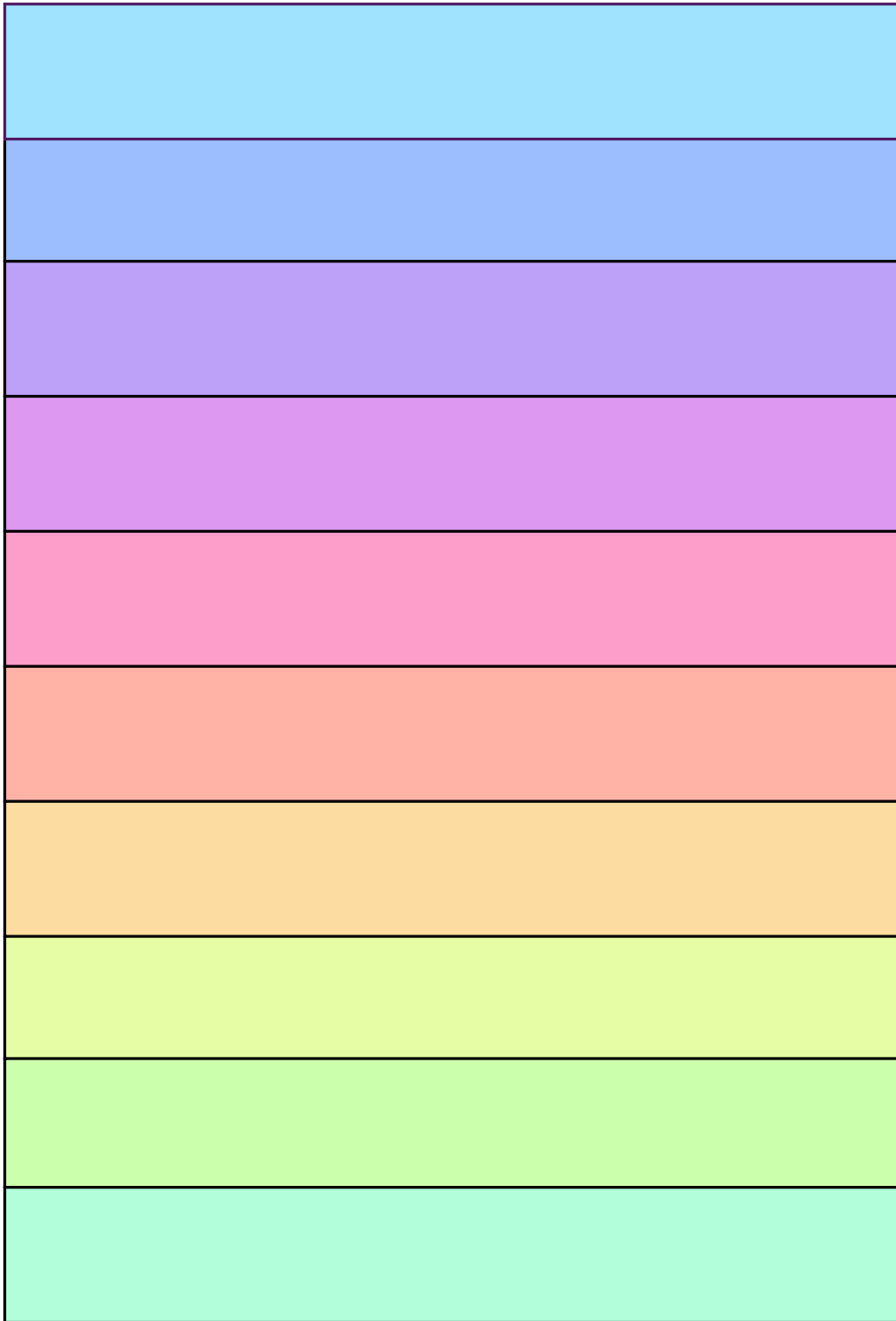
Have a tea party

Play charades



Boredom Busters Jar

Write fun ideas on these strips, cut them out, and put them in your jar.
Pull one out when boredom sets in!



A vertical stack of 11 horizontal colored strips, each outlined in black. The colors from top to bottom are: light blue, medium blue, purple, magenta, pink, peach, yellow-orange, lime green, light green, and mint green.

